Symptoms of Withdrawal for Drugs & Alcohol – Infographic

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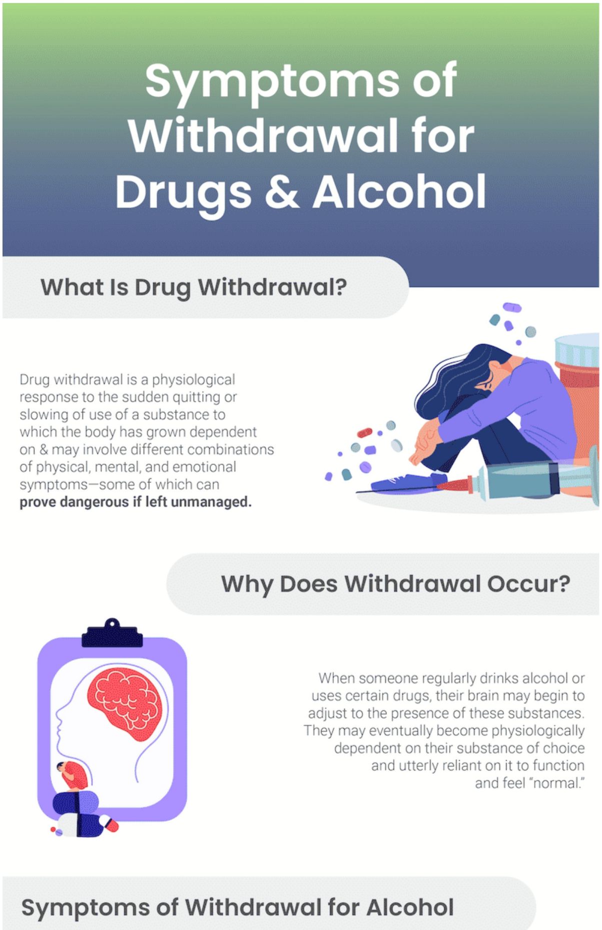

Symptoms of Withdrawal for Drugs & Alcohol

What Is Drug Withdrawal?

Drug withdrawal is a physiological response to the sudden quitting or slowing of use of a substance to which the body has grown dependent on & may involve different combinations of physical, mental, and emotional symptoms—some of which can **prove dangerous if left unmanaged.**

Why Does Withdrawal Occur?

When someone regularly drinks alcohol or uses certain drugs, their brain may begin to adjust to the presence of these substances. They may eventually become physiologically dependent on their substance of choice and utterly reliant on it to function and feel "normal."

Symptoms of Withdrawal for Alcohol

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- ✓ Elevated blood pressure
- ✓ Racing pulse
- ✓ Sweating
- ✓ Insomnia
- ✓ Tremors
- ✓ Anxiety
- ✓ Agitation
- ✓ Headache
- ✓ Sweating
- ✓ Nausea/vomiting
- ✓ Hallucinations
- ✓ Seizures

Symptoms of Withdrawal for Opioids & Heroin

- ✓ Nervousness or anxiety.
- ✓ Trouble sleeping.
- ✓ Frequent yawning.
- ✓ Nausea.
- ✓ Diarrhea.
- ✓ Flu-like symptoms.
- ✓ Muscle cramps/body aches.
- ✓ Runny nose.
- ✓ Excessive sweating.
- ✓ Hot and cold flashes.
- ✓ Goosebumps.

Symptoms of Withdrawal for Benzodiazepine

- ✓ Anxiety.
- ✓ Agitation.
- ✓ Sweating.
- ✓ Increased heart rate.
- ✓ Trouble sleeping.
- ✓ Nausea and/or vomiting.
- ✓ Hallucinations.
- ✓ Seizures.

Symptoms of Withdrawal for Cocaine

- ✓ Depressed mood.
- ✓ Ongoing tiredness or lethargy.
- ✓ Insomnia or hypersomnia.
- ✓ Anxiety.
- ✓ Irritability.
- ✓ Paranoia.
- ✓ Increased appetite.
- ✓ Problems with concentration.
- ✓ Slowed thoughts and movements.
- ✓ Intense drug craving.

Understanding the Role of Medication Assisted Treatment in Opioid Addiction Recovery

6 Things to Expect When Entering a Residential Inpatient Treatment Program

How Long Does Withdrawal Last?

Alcohol:
Usually 24-72 hours after heavy drinking stops and usually lasts for 3-4 days but can last up to 8 days.

Short-acting opioid withdrawal:
(heroin and certain prescription painkillers) symptoms generally begin 8-24 hours after last use and last an average of 4-10 days.

Longer-acting opioids (such as methadone):
may take 2-4 days for withdrawal symptoms to emerge & fade within a period of 10 days.

Benzodiazepines (Xanax & Valium):
may begin within 1-4 days after the last use, peaking in severity in the first 2 weeks, but can remain troublesome for months or years without treatment.

Can Withdrawal Be Lethal?

If not medically managed, withdrawal from certain substances, such as alcohol and benzodiazepines, can be quite severe and, in some cases, lethal. But it's rare.

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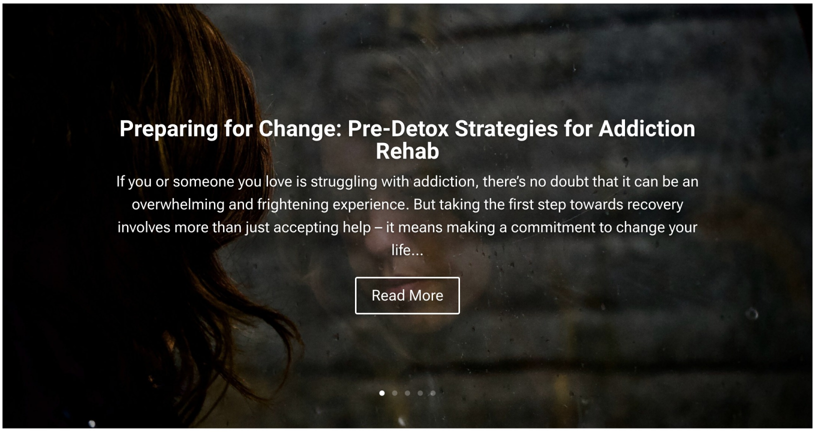

Preparing for Change: Pre-Detox Strategies for Addiction Rehab

If you or someone you love is struggling with addiction, there's no doubt that it can be an overwhelming and frightening experience. But taking the first step towards recovery involves more than just accepting help – it means making a commitment to change your life...

Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.

Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.

Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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GETTING HELP FOR ADDICTION HAS NEVER BEEN SO EASY

Get Help Now

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RECOVERY CENTER

Site Map

- Home
- Who We Are
- Treatment Services
- Tour Our Facility
- Admissions
- Privacy Policy

Contact Details

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Hours of Operation

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

FINDLAYRECOVERYCENTER.COM
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Certified

Who We Are	**Dual Diagnosis**	**Areas We Serve**	**Addiction Treatment**	**Who We Help**
Tour Facility	Depression	Arkon	Alcohol	Men
Video & Media	Anxiety	Cleveland	Cocaine	Women
Lastest Articles	PTSD	Columbus	Opoids	Professionals
Careers	Bipolar	Dayton	Heroin	LGBTQ
	Trauma	Toledo	Benzos	First Responders