

Substance Abuse Treatment Center in Ohio

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Finding yourself caught in the grip of substance abuse can be both disorienting and devastating. Here at [Findlay Recovery Center in Ohio](#), we have decades of experience forming [personalized](#) difficult this process can be but want you to know that you are not alone. Our highly trained team of professionals will guide and support each step along your unique path to successful sobriety no matter where your story began or how many times relapse has led you astray in the past—we are here for all those needing an understanding hand through these trying times.



What Is Substance Abuse and Why Is Treatment Important?

Substance abuse is a serious issue that affects millions of people around the world. It is a pattern of behavior that includes the use of drugs, alcohol, or other substances in a way that causes harm or distress to the individual using them. [Treatment for substance abuse](#) is crucial in helping individuals overcome these challenges and regain control of their lives. With the right support, recovery is possible, and individuals can go on to live happy, healthy, and productive lives, free from the damaging effects of substance abuse.

Types of Substance Abuse Treatment Available in Ohio

Ohio has a variety of substance abuse treatments available to individuals seeking help. One option is outpatient treatment, which allows individuals to attend therapy and counseling while maintaining their daily routine. Inpatient treatment is another option where individuals reside at a facility while receiving round-the-clock care and support. Behavioral therapy, specifically cognitive behavioral therapy, is often incorporated into treatment plans to help individuals identify and change negative thought patterns and behaviors.

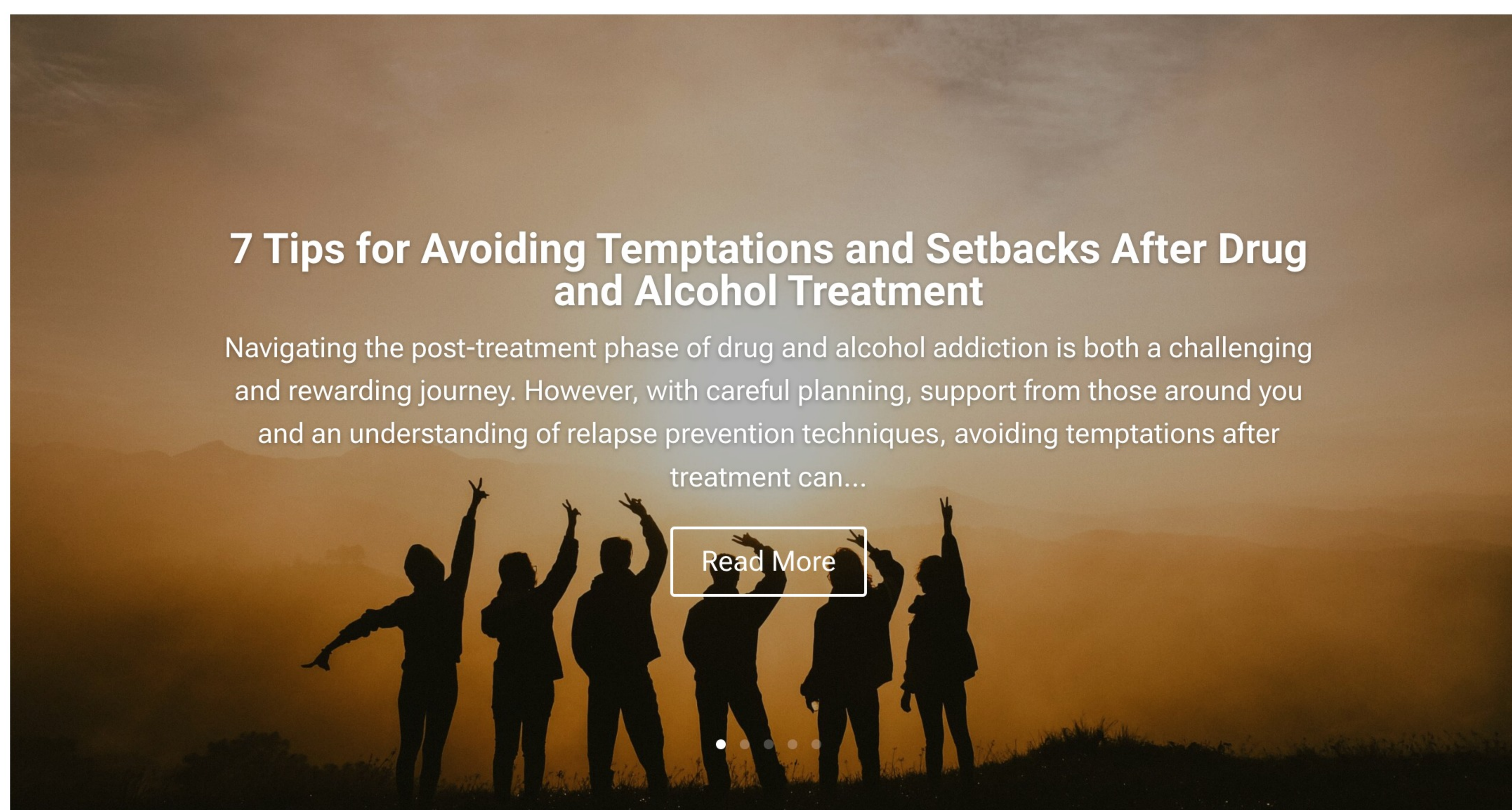
Tips for Coping with Cravings During Recovery


Recovery is not an easy process, especially when it comes to dealing with cravings. Cravings are intense, uncomfortable, and can easily derail progress. One vital tip is to identify the cause of cravings. It may be a particular place, person, or emotion that triggers the urge to use. Activities such as exercise, meditation, or even playing a game can be helpful. Above all, having a support system is critical. Friends or family members who can offer encouragement and hold the person accountable can go a long way toward helping them stay strong in their recovery journey.

Substance abuse treatment is important in helping those suffering from addiction to recover and live their best lives. With the right support, one can make all the difference when it comes to drug and alcohol addiction. In Ohio, there are several types of treatment centers that provide both inpatient and outpatient services depending on the nature of your situation. Recovery isn't easy by any means, but with the right help and resources, it can indeed be possible. [Findlay Recovery Center](#) has a warm team of professionals who are more than [happy to discuss tailored services](#) that could help start and sustain recovery through the toughest times.

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- How to Find Comprehensive Substance Abuse Treatment That Fits Your Needs as a First Responder
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- Exploring Supportive Housing Options for Aftercare and Sober Living Programs
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Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.



Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.



Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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GETTING HELP FOR ADDICTION HAS NEVER BEEN SO EASY

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Site Map

- Home
- Who We Are
- Treatment Services
- Tour Our Facility
- Admissions
- Privacy Policy

Contact Details

1800 Manor Hill Road
Findlay, Ohio 45840

1-855-605-2135



Hours of Operation

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.



Who We Are

- Tour Facility
- Video & Media
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Dual Diagnosis

- Depression
- Anxiety
- PTSD
- Bipolar
- Trauma

Areas We Serve

- Arkon
- Cleveland
- Columbus
- Dayton
- Toledo

Addiction Treatment

- Alcohol
- Cocaine
- Opioids
- Heroin
- Benzos

Who We Help

- Men
- Women
- Professionals
- LGBTQ
- First Responders