

# Stages of Alcoholism and When to Seek Rehab for Addiction Treatment

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Alcoholism is a chronic disease that can affect anyone. It is characterized by progressive loss of control over drinking, and the progression of different stages of alcoholism and how to know when it is time to seek professional help.



## The Pre-Alcoholic Stage

This is the stage before an individual has developed a dependence on alcohol. At this point, they may be more likely to engage in risky drinking behaviors such as binge drinking and using larger amounts of alcohol than was intended. For example, someone may plan to have one or two drinks but end up drinking much more.

## Early Alcoholism

During this stage, an individual's dependency on alcohol starts to become apparent. They may find that their tolerance for alcohol increases and that they need to drink larger amounts in order to feel its effects. Additionally, individuals at this stage will often feel guilt or shame after drinking and start missing important events due to hangovers or other consequences of alcohol use.

## Middle Alcoholism

In this stage, the negative effects of heavy drinking are more apparent. An individual may begin to experience physical and mental health issues, such as liver disease or depression. They may also lose their job, have financial problems, or become isolated from family and friends due to alcohol use. For example, a person may start neglecting their responsibilities, such as work or school.

## Late Alcoholism

At this stage, the addiction has taken control of the person's life. They will often be drinking every day and be unable to stop even if they want to. Additionally, an individual at this stage will often suffer from severe withdrawal symptoms when they try to cut back on their drinking.

## End-Stage Alcoholism

This is the most severe stage of alcoholism and individuals who reach this point are often in danger of losing their lives due to alcohol-related complications. At this stage, individuals may also suffer from a range of physical and mental health issues and need to seek professional help for addiction treatment. For example, they may need to go to rehab or a treatment center in order to get their life back on track.

It is important to be aware of the different stages of alcoholism and when to seek help. If you or someone you know is struggling with alcohol use, it is important to seek professional help as soon as possible. Professional rehab centers are available to provide tailored treatment plans that can help individuals overcome their addictions and lead a healthier life.

At Findlay Recovery Center we understand that alcohol and drug use is a complex issue with many stages of progression.

That's why we offer comprehensive treatment plans tailored to each individual's needs, including individual counseling sessions, group therapy sessions, educational classes, relapse prevention planning, holistic therapies such as meditation and yoga, life skills groups, and more. Our goal is to help individuals build strong foundations for recovery while developing positive coping strategies to maintain wellness after leaving our care.

If you or someone you know is struggling with alcoholism or any form of substance abuse please don't hesitate to [contact us](#) at Findlay Recovery Center for more information about our programs and services so that you can begin the path toward healing today!

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### Preparing for Change: Pre-Detox Strategies for Addiction Rehab

If you or someone you love is struggling with addiction, there's no doubt that it can be an overwhelming and frightening experience. But taking the first step towards recovery involves more than just accepting help – it means making a commitment to change your life...

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#### Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.



#### Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.



#### Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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### Get Help Now

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Site Map

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Who We Are

Treatment Services

Tour Our Facility

Admissions

Privacy Policy

#### Contact Details

1800 Manor Hill Road  
Findlay, Ohio 45840

1-855-605-2135



#### Hours of Operation

#### About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.



#### Who We Are

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Anxiety

PTSD

Bipolar

Trauma

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