

Breaking Down Barriers: How to Overcome Addiction and Find Employment

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Breaking down barriers is a common challenge for individuals struggling with addiction. This blog post will discuss the various barriers that individuals struggling with addiction may face and provide advice on how to break down those barriers and find success.



Lack of Education and Training:

One of the most common barriers that individuals struggling with addiction encounter are a lack of education and training. Individuals who are addicted have difficulty attending school or accessing job training due to their addiction. The key to overcoming this barrier is to seek out educational opportunities, such as online courses or trade schools, that can help individuals gain the necessary skills for employment.

Be sure to see [professional help](#) if needed, as well. Substance abuse counselors can help individuals with addiction to identify and overcome educational barriers.

Financial Struggles:

Financial struggles are another common barrier for those suffering from addiction. Individuals may struggle to find employment if they have a poor credit score or limited access to resources. It is important to seek out financial assistance when possible and create a budget that allows for enough money for living expenses as well as necessary treatment such as therapy or rehabilitation. Seeking out part-time jobs or freelance work can also be beneficial in providing additional income while still allowing time for recovery.



Visit Findlay Recovery Center to learn more about how to manage financial issues related to addiction.

Stigma and Discrimination:

The stigma surrounding addiction can be a major barrier to finding employment. Employers may be hesitant to hire individuals with an addiction history due to the fear of relapses or concerns about poor performance. It is important for individuals to practice self-advocacy by being open and honest about their recovery journey during job interviews. Additionally, employers should strive to create a supportive work environment that encourages openness and understanding toward those with an addiction history.

[Professional help](#) can also be sought if needed. Findlay's team of specialists can help individuals overcome the stigma associated with addiction and find meaningful employment.

Mental Health Struggles:

Mental health struggles are a common barrier for those with addiction. Depression, anxiety, and other mental health issues can make it difficult to obtain or maintain employment. The key to breaking down this barrier is to seek out professional help as soon as possible. Substance abuse counselors, therapists, and psychiatrists all have the knowledge and skills necessary to help individuals manage their mental health issues in order to succeed professionally. It is also important for individuals with mental health struggles to practice self-care, such as getting enough sleep, eating well, exercising, and participating in activities that bring joy or relaxation.

Visit Findlay Recovery Centre to learn more about how to manage mental health issues related to addiction.

Addiction can be an overwhelming obstacle to overcome, but with the right support and resources, it is possible to break down any barrier. Education, financial assistance, reducing stigma, and mental health treatment are all important steps in helping individuals find success in their recovery journeys.

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Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.

Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.

Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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- Admissions
- Privacy Policy

Contact Details

1800 Manor Hill Road
Findlay, Ohio 45840

1-855-605-2135

Hours of Operation

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

Who We Are

- Tour Facility
- Video & Media
- Lastest Articles
- Careers

Dual Diagnosis

- Depression
- Anxiety
- PTSD
- Bipolar
- Trauma

Areas We Serve

- Arkon
- Cleveland
- Columbus
- Dayton
- Toledo

Addiction Treatment

- Alcohol
- Cocaine
- Opioids
- Heroin
- Benzos

Who We Help

- Men
- Women
- Professionals
- LGBTQ
- First Responders