

Meth Addiction and Treatment in Ohio

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The use of crystal meth, or methamphetamine, has seen a dramatic increase in Ohio in recent years. Research from the Ohio Department of Mental Health and Addiction Services shows that out of an required help with a methamphetamine addiction.

The dangers associated with meth go far beyond physical harm; mental health issues can also result from extended use of this drug. It is imperative that those who are addicted to meth receive professional help as soon as possible.

Treatment Options

Treatment options vary based on individual needs, but all involve intense therapy and relapse prevention techniques to tackle the underlying causes of the addiction and create an effective recovery plan.

Inpatient treatment

Inpatient treatment is a type of treatment that requires the individual to stay at a facility for a set period of time, typically 28 days. During this time, the individual will receive 24-hour care and will have access to a variety of services, including individual therapy, group therapy, and medical care.

Outpatient treatment

Outpatient treatment is a type of treatment that allows the individual to live at home while attending treatment sessions at a facility. Outpatient treatment typically requires the individual to attend 3-5 sessions per week for a set period of time. During these sessions, the individual will participate in individual and group therapy and will receive support from a case manager.

Intensive outpatient treatment

Intensive outpatient treatment is a type of treatment that is similar to outpatient treatment but requires the individual to attend more frequent and/or longer sessions.

This treatment typically requires the individual to attend 5-7 sessions per week for a set period of time. During these sessions, the individual will participate in individual and group therapy and will receive support from a case manager.

Partial hospitalization

Partial hospitalization is a type of treatment that requires the individual to stay at a facility for part of the day and return home in the evening. Partial hospitalization typically requires the individual to attend 5-7 days per week for 4-6 hours per day.

During these hours, the individual will participate in individual and group therapy and will receive support from a case manager.

Residential treatment

Residential treatment is a type of treatment that requires the individual to stay at a facility for an extended period of time, typically 90 days or more. During this time, the individual will receive 24-hour care and will have access to a variety of services, including individual therapy, group therapy, and medical care

Prevention Tips

Prevention is key when it comes to meth addiction, and there are a few simple steps you can take to help keep yourself or a loved one from becoming addicted.

- Avoid those who are actively using drugs, as well as areas where drugs may be used.
- Education on the dangers of using drugs such as meth
- Talking openly with friends, family, and other trusted people about the consequences of drug use can be helpful
- Find positive activities that both engage and keep you busy – recreation, sports or art classes are all great tools for avoiding meth addiction.

Staying aware and taking precautionary measures is an essential part of keeping yourself safe from addiction.

Reach Out To Findlay Recovery

Mental health professionals are available to provide personalized care and create individualized treatment plans that best meet the needs of each person. In addition, there are many online resources offering information and support, such as volunteer-run helplines, self-help materials, online meetings, group counseling, **residential rehabilitation centers**, and outpatient programs.

Also available are Community Attitude Transformations (CATs), which provide guidance on how individuals living with addiction can better engage with their local community. Whatever type of resource is chosen for help, reaching out is the first step toward recovery.

With a range of **effective treatment options** available, there are several methods that meth addicts can choose from to assist them in their recovery journey. Prevention is also key in making sure that this rise in addiction is kept under control – through education and raising awareness, the spread of meth addiction can be greatly reduced.

For those who are struggling with this issue themselves, please reach out to **Findlay Recovery Center**, where they offer personalized programs focused on individual needs and goals.

As with every addiction, physical and mental health comes first and it is essential to remember that no matter how tough the battle may be, recovery remains possible.

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Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.

Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.

Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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Contact Details

1800 Manor Hill Road
Findlay, Ohio 45840

1-855-605-2135



Hours of Operation

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.



Who We Are	Dual Diagnosis	Areas We Serve	Addiction Treatment	Who We Help
Tour Facility	Depression	Arkon	Alcohol	Men
Video & Media	Anxiety	Cleveland	Cocaine	Women
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