

# Inpatient Addiction Rehab: How Soon Will You See a Doctor and Therapist

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When entering an inpatient treatment facility, there are several questions that patients tend to ask. Some of the most common questions about inpatient rehab, questions about how soon you will see a doctor and therapist tend to arise.

Understanding the timeline of care can help set your mind at ease so that you have a better idea of what lies ahead and can create realistic expectations for your journey toward recovery.



## What is Inpatient Addiction Rehab?

Inpatient addiction rehab involves [residential treatment in a facility](#) where the patient lives for a designated period of time. During this time, patients receive around-the-clock medical and therapeutic care with the goal of providing them with the tools, resources, and support they need to successfully overcome their addiction.

In general, inpatient rehab is recommended for individuals who are suffering from substance use disorders that have become unmanageable on an outpatient basis.

## Examples of Substance Use Disorders:

- [Alcohol Use Disorder](#)
- [Opioid Use Disorder](#)
- [Benzodiazepine Use Disorder](#)
- Stimulant Use Disorder
- Cannabis Use Disorder
- Hallucinogen Use Disorders
- Inhalant Use Disorders

## What to Expect After Admittance:

When you first arrive at an inpatient addiction rehab facility, you will be evaluated by a doctor and therapist who will assess the severity of your substance use disorder. Depending on the results of this evaluation, additional tests may be required.

The doctor or therapist may also conduct an alcohol or drug screening test. This is done to ensure that any substances used have been completely removed from your system before treatment begins.

Once the evaluation is complete, the doctor and therapist will work together to develop a customized plan for your recovery that takes into account any physical conditions or mental health issues, as well as your individual needs.

## When Will You See a Doctor?

The timeline of your care will depend on the particular program you choose as well as your individual needs at the time of admission. However, it is important to note that when you arrive at an inpatient rehab center, you will be seen by a physician shortly after checking in.

This doctor will provide you with a thorough physical assessment and medical evaluation to determine the best course of treatment for your unique situation.

## What Is the Role of the Doctor?

The doctor's role in an inpatient addiction rehab facility is to monitor your progress and provide medical care as needed.

For example, depending on the plan of care, the doctor may prescribe medications to reduce withdrawal symptoms or other medications to help manage mood disorders or other mental health issues that are contributing to substance use disorder. The doctor will also provide ongoing medical monitoring and support throughout your stay.

## When Will You See a Therapist?

In addition to seeing a doctor, you can also expect to meet with a therapist as soon as possible once you enter an inpatient rehab program.

The therapist will assess your mental state and provide support for any psychological issues that may be contributing to or exacerbating your addiction. It is important to note that therapy plays a vital role in the recovery process and should not be overlooked.

## What Is the Role of the Therapist?

The role of the therapist is to provide counseling and therapy to help you understand the underlying causes of your addiction. This may include cognitive-behavioral therapy (CBT) or other therapeutic approaches that can help you cope with cravings and triggers and develop strategies for managing stress in a healthier way.

Your therapist will also work with you to create an individualized recovery plan, focusing on developing healthy coping skills, improving communication and problem-solving, and setting realistic goals for yourself.

## What Happens Aftercare?

It is essential to remember that recovery does not end when you leave an inpatient rehab facility. Long-term success requires a commitment to an aftercare plan that includes regular appointments with a doctor and therapist and continued participation in support groups or other social activities.

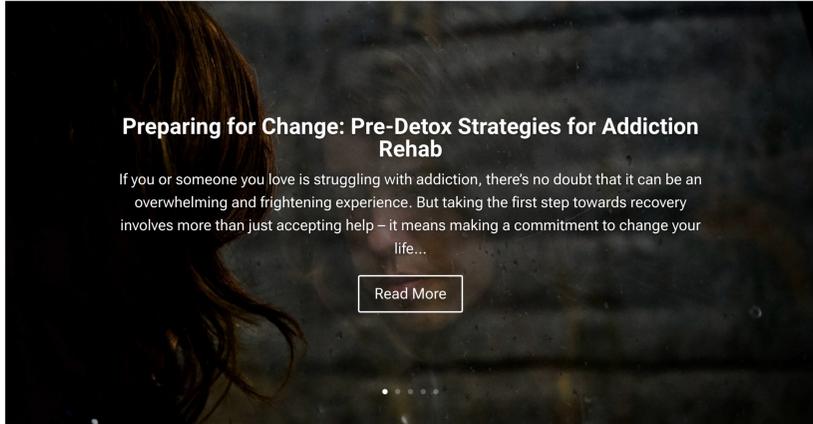
The timeline for seeing a doctor and therapist when you enter an inpatient addiction rehab program can vary depending on the specific program and your individual needs at the time of admission.

However, it is important to understand that medical and therapeutic care are essential components of achieving long-term recovery from substance use disorders. [Reach out](#) to Findlay Recovery Center today for more information about our comprehensive inpatient treatment programs.

At Findlay Recovery Center, we provide personalized treatment plans tailored to the individual's needs to reach their full recovery potential.

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- Exploring the Different Types of Partial Hospitalization Programs in Addiction Rehab
- The Physical Effects of Opioid Abuse and How Rehab for Substance Abuse Can Help
- Managing Trigger Situations During Rehab for Opiates
- How to Find Comprehensive Substance Abuse Treatment That Fits Your Needs as a First Responder
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- Exploring Supportive Housing Options for Aftercare and Sober Living Programs
- Understanding the Role of Medication Assisted Treatment in Opioid Addiction Recovery
- 6 Things to Expect When Entering a Residential Inpatient Treatment Program



### Get In Touch With Us Today

Pick up the phone, fill out a form or chat with us below to get started on your free consultation and treatment assessment.



### Complete Pre-Assessment

Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.



### Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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### Site Map

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- Who We Are
- Treatment Services
- Tour Our Facility
- Admissions
- Privacy Policy

### Contact Details

1800 Manor Hill Road  
Findlay, Ohio 45840

1-855-605-2135



### Hours of Operation

### About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.



### Who We Are

- Tour Facility
- Video & Media
- Lastest Articles
- Careers

### Dual Diagnosis

- Depression
- Anxiety
- PTSD
- Bipolar
- Trauma

### Areas We Serve

- Arkon
- Cleveland
- Columbus
- Dayton
- Toledo

### Addiction Treatment

- Alcohol
- Cocaine
- Opioids
- Heroin
- Benzos

### Who We Help

- Men
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