

How Substance Abuse Addiction Overtakes Maslow's Hierarchy Of Needs

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Abraham Maslow's Hierarchy of Needs is a theory that has been used to explain human motivation for over 75 years. The theory states that humans are motivated to satisfy five needs in order of importance: physiological, safety, love/belonging, esteem, and self-actualization. However, new research suggests that addiction can overtake these needs, leading people to prioritize their addiction over anything else in their lives. Here we will explore how substance abuse addiction can overtake Maslow's Hierarchy of Needs and what implications this has for the addict and their loved ones.

Addiction, How, Who, And Why.

Substance abuse addiction can be viewed as a disease that slowly takes over an individual's life. It starts off as something that may be seen as harmless fun or experimentation, but it quickly spirals out of control and becomes all-consuming. As a result, the individual may lose interest in activities that once brought them joy, their work performance may suffer, and they may start to withdraw from family and friends. Eventually, the addiction will take over all aspects of their life as they become consumed with obtaining and using the substance.

While addiction can impact anyone, regardless of age, gender, or socioeconomic status, there are certain factors that can make someone more susceptible to developing a problem. These include a family history of addiction, trauma, and mental illness. In addition, substance abuse addiction is a complex disease that can be difficult to overcome without [professional help](#).

Maslow's Hierarchy Of Needs Explained.

Maslow's Hierarchy of Needs is a theory proposed by psychologist Abraham Maslow in 1943. It suggests that there are specific human needs that must be met for an individual to reach their full potential. These needs are organized into a hierarchy, with the most basic needs at the bottom and the more complex needs at the top. The hierarchy is as follows:

- **Physiological needs:** These are the most basic human needs and include things like air, food, water, and shelter.
- **Safety needs:** Once an individual's physiological needs are met, they will seek to satisfy their safety needs. This includes things like security, stability, and protection from harm.
- **Love and belonging:** Once an individual feels safe, they will begin to seek out relationships with others. This need includes things like love, intimacy, and friendship.
- **Esteem:** This need includes things like self-respect, achievement, and a sense of accomplishment.
- **Self-actualization:** This is the highest level of need and includes personal growth, creativity, and reaching one's full potential.

Substance abuse addiction can be seen as a disease that slowly takes over an individual's life, eventually impacting all aspects of their existence. It is a complex disease that can be difficult to overcome without professional help. Understanding Maslow's Hierarchy of Needs can help to provide some insight into why someone may turn to substances and how addiction can take over their life.

Getting help for substance abuse addiction is vital for overcoming the disease and reclaiming one's life. At Findlay Recovery Center, we have many resources available to those struggling with addiction, and seeking professional help is the first step on the road to recovery.

The Importance Of Professional Help.

Addiction is a severe disease that can have lasting effects on your health and well-being. If you are struggling with addiction, professional help is essential. Addiction counselors can help you understand your addiction and work with you to create a treatment plan. They can also provide support and guidance as you recover. If you have reached the bottom of Maslow's hierarchy of needs, it is crucial to seek professional help so that you can begin to rebuild your life. Addiction counselors can help you understand the root causes of your addiction and work with you to develop healthy coping mechanisms. They can also provide support and guidance as you recover from addiction.

Professional help from one of our team members at Findlay Recovery Center is a great place to start your journey of recovery. Our team members are highly trained and experienced in addiction counseling. They can help you understand your addiction and create a treatment plan that is tailored to your unique needs.

Seek The Necessary Help Today!

Substance abuse addiction is a serious problem that can have a profound effect on all areas of an individual's life. However, understanding how addiction can overtake Maslow's Hierarchy of Needs makes it possible to see how this happens and what can be done to prevent it. [Contact us at Findlay Recovery Center](#) if you or someone you love is struggling with addiction. We can help you get on the road to recovery and lead a healthy, fulfilling life.

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Once you reach a Findlay Recovery Center treatment coordinator, we will do a simple pre-assessment to make sure we're a good fit for you.



Plan Travel & Admit

Our caring treatment advisors will help plan travel & anything else you need before you enter our drug rehab program in Ohio!

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Hours of Operation

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