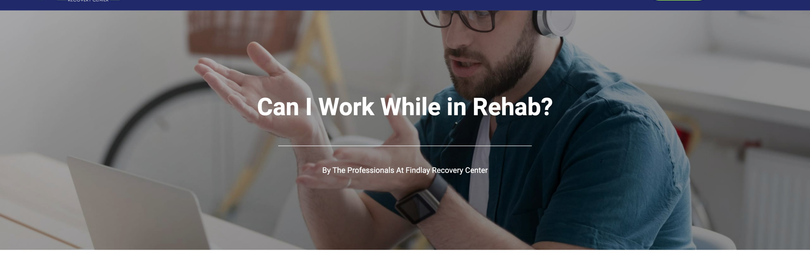

Can I Work While in Rehab?

By The Professionals At Findlay Recovery Center

The answer to this question varies based on the needs of the client and the rehabilitation center or choice made. But at its base, the answer is yes. You can work while in rehab. You just have to find the one that works for you.

At Findlay Recovery, our executive treatment program allows professionals to maintain some of their responsibilities while working on achieving their sobriety and learning how to maintain their hard-earned work. Speak with a professional today to see if our program meets your professional and rehabilitative needs.

What is the Difference Between Outpatient and Inpatient Treatment?

There are many differences between outpatient and inpatient treatment that really comes down to the severity of the substance use disorder, time, and needs.

Substance use disorders are determined by levels ranging from problematic use to severe substance abuse with mild and moderate in the middle. Individuals diagnosed with moderate to severe substance use disorders have several serious symptoms and require more intensive addiction treatment to get their substance abuse under control, typically in an inpatient setting. For individuals who have a mild substance use disorder or are displaying problematic use, less intensive treatment can often provide the correct level of supportive care that those individuals need. This type of less intensive treatment is offered through outpatient treatment.

The next difference between outpatient and inpatient treatment is time. Individuals who require more time because they need to work or care for their children might struggle in an inpatient facility where they are required to reside throughout the length of the program. These individuals might find that outpatient rehabilitation is more appealing, but is it the correct type of care that those individuals need?

Finally, clients have different needs when it comes to addiction treatment. Some individuals have gone through treatment previously and know that some things do and don't work for them personally. Some individuals have experience with therapy and know what they like and don't. These factors greatly impact the needs of each client. Additionally, if a client has additional mental or physical health needs, this can impact the level of support required for addiction treatment.

While there are many more things that determine the differences between inpatient and outpatient treatment, these fall under some of the most important and most polarizing differences.

Can I Work While in Rehab?

"Can I work while in rehab?" is one of the most common questions asked while individuals are gathering information about which rehabs are best for them, and it's a question that has many answers.

If you are wondering if you can work while you're in rehab, the answer changes from location to location and can even be based on your needs while in rehab. Many individuals will choose outpatient rehab, even though it doesn't quite meet their rehabilitative needs in favor of attempting to keep their job. However, this can sometimes do more harm than good. Choosing a rehab to keep working in a possibly toxic environment promoting or even turning a blind eye to your substance abuse can be detrimental. The correct level of addiction support is the most beneficial way to get help for substance abuse, and choosing a lower level of addiction treatment can lead to lapse or relapse.

While most employers can grant leave for medical reasons (rehab counts!), some might ask you to continue work, or you may be attempting to get clean without your peers or superiors finding out; this is where inpatient rehab programs for professionals come into play. Inpatient rehab for professionals provides a supportive residential environment while also offering clients structured and monitored work time and spaces. By limiting the amount of time an individual can work and the work that can be done (with/without internet), some facilities have found ways to support professionals while they get the addiction treatment necessary for their sobriety.

How to Find Inpatient Rehab Programs for Professionals

Now, finding inpatient rehab programs for professionals might seem like the most challenging part of the task, but it's really just a question away. While some inpatient rehabilitation centers will advertise specifically to professionals, some will be more discreet and require you to ask so that they can explain their standards to you.

At Findlay Recovery, we have executive options that allow clients to access more resources and have slightly different requirements on their time while attending our residential program. While professional activities are limited and a focus on achieving sobriety and learning the skills to maintain it is recommended, clients can maintain some professional responsibilities while attending rehabilitation.
See if our executive rehabilitation is right for you. Speak with an admissions counselor today.

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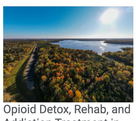

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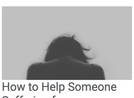

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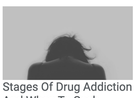

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Contact Details

1800 Manor Hill Road Findlay, Ohio 45840

1-855-605-0129

Hours of Operation

Weekdays	24 Hours
Saturdays	24 Hours
Sundays	24 Hours
Holidays	24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

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