

The Impacts On The Brain When You Use Anabolic Steroids

By The Professionals At Findlay Recovery Center

Anabolic steroids are drugs that act like the body's natural hormones. These drugs are often abused by athletes to increase muscle size and improve performance, but there is a lot of misinformation about how they work. This blog post will look at some of the effects anabolic steroids have on your brain when you use them, so you can make an informed decision about whether or not it would be worth risking these side effects for any potential benefits.

What Are Anabolic Steroids?

Anabolic steroids are drugs that mimic the actions of specific hormones in your body. These synthetic versions of natural substances, such as testosterone and estrogen, can help to increase muscle size and enhance performance during exercise. Although most professional sports organizations ban anabolic steroid abuse because it gives users a competitive advantage over those who do not use them, there still remains some misinformation about just how they work, or even if their effects on the brain matter at all.

Why Are Anabolic Steroids Bad?

Anabolic steroids are harmful because they can lead to long-term problems with the brain's structure and function. These changes in the brain can affect behavior, personality, decision-making, mood, or memory. Also, some people who have used anabolic steroids over a long time report symptoms that mimic those seen with Parkinson's disease.

What Are The Impacts On The Brain?

Anabolic steroids are a type of medication that mimics the effects of testosterone in the body. They are often used illegally to improve athletic performance or physique and can be extremely harmful to users' health.

A new study has found that long-term use of anabolic steroids can lead to significant brain structural changes and cognitive impairment. The research team used scans to compare the brains of people who had used anabolic steroids for at least two years with those who had never taken them. The results showed apparent differences in the size and shape of specific brain regions between the groups. The steroid users also performed worse on tests measuring memory, attention, and decision-making skills.

Long-Term Psychological Impacts On The Brain?

The use of anabolic steroids can have long-term psychological impacts on the brain. A study found that people who had used anabolic steroids for more than two years were more likely to suffer from depression and anxiety disorders than people who had never used steroids.

Anabolic steroids can also lead to changes in mood and behavior. For example, some people report feeling aggressive or hostile after using steroids, while others experience feelings of paranoia or extreme irritability. These changes in mood and behavior can be very dangerous, especially if they occur while someone is taking steroids for performance enhancement.

These effects can include:

- Anger and Aggression ("roid rage")
- Anxiety and Depression
- Changes in moods or personality traits
- Hallucinations
- Insomnia
- Manic Behavior
- Paranoia
- Suicidal Thoughts or Actions

Some people who stop using anabolic steroids after long-term use may experience withdrawal symptoms, such as fatigue, loss of appetite, depressed mood, and trouble sleeping. **Withdrawal symptoms** can occur within a few days or several weeks after stopping anabolic steroid use.

Are There Any Ways To Recover From Prior Anabolic Steroid Use?

Anabolic steroid users can recover from their problems with the proper treatment and care. However, some people may need to be hospitalized to receive adequate supervision and support during this process. There are also several inpatient and outpatient options available that could help you or your loved one stop using steroids safely and sustainably without experiencing too many withdrawal symptoms:

Self-help groups like Narcotics Anonymous offer peer support for drug abuse recovery and encourage addicts to live healthier lives free from addiction.

Individual therapy with a specialist who understands how addiction works.

Family counseling sessions where family members learn about the problem so they can provide better support for the addict when he is recovering.

Recovery centers that offer a range of treatments, including detoxification, individual and group therapy, and aftercare planning.

Medications like methadone or buprenorphine can be used to help wean anabolic steroid users off the drugs safely and without too many withdrawal symptoms. If you or a loved one is struggling with anabolic steroid addiction, we can help you or your loved one find the right treatment option to recover safely and sustainably from all problems related to drug abuse. Our counselors at Findlay Recovery Center are available 24 hours a day, seven days a week, to answer any questions you may have about anabolic steroids or addiction. So don't take any chances with substance abuse; **contact us today** and end the suffering sooner rather than later!

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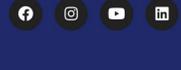
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Hours of Operation

Weekdays	24 Hours
Saturdays	24 Hours
Sundays	24 Hours
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About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

