

Without My Family Knowing, Can I Get Help For Drug Addiction?

By The Professionals At Findlay Recovery Center

Drug addiction is very often an extremely personal thing, and a lot of people find that they would prefer it to be somewhat secretive. This is very natural and understandable. You might also want to be able to get the appropriate help for your drug addiction in a private manner. Some of the people that you might not want to know about your drug addiction might be your family. So you might be wondering: is it possible to get help for **drug addiction** without your family even knowing about it?

Your Right To Privacy

First of all, the main thing to bear in mind is that, as an adult human being, you always have a right to privacy. This is something that is still very much the case when you are seeking medical help of any kind – in fact, if there's one person you can hope not to divulge your personal information to other people, it's your doctor or other medical professional. So with this kind of medical help too, you still have this right to privacy.

That means that you should be able to seek out help for your drug addiction without anyone being informed. But of course, that might not be sufficient in keeping word away from your family, as there are other ways they might find out about your **addiction treatment and recovery**.

Inpatient Versus Outpatient

It is likely to be much harder to keep it a secret if you are an inpatient at the drug rehab center, because that means that you are living on-site. This would of course mean that you'll not be able to see family unless they visit you at the center itself. Bear in mind that inpatient facilities can often offer some of the most effective treatment there is for drug addiction, so it's up to you to balance it all out and work out what is best for you personally.

If you are determined to keep your treatment a secret from your family, it might be preferable for you to be an outpatient instead. This means that you would attend regular sessions, but apart from that you can simply live your life – of course, aiming to avoid relapsing at any costs. This can make it harder to recover, but plenty of people still do manage it in this way. And the plus side is that you'll find it a lot easier to keep it a secret from your family.

Age Matters

As well as whether you are receiving **inpatient or outpatient care**, your age will also play a role in determining whether or not you can get help for your drug addiction without your family knowing. In most states, when you receive medical care and you are under the age of 18, your parents or guardians will be informed automatically, so if you are under 18 there might not be a way for your family not to find out.

The moment you are over 18, however, it's all in your hands, and you don't necessarily need to tell anyone at all if you don't want to. Of course, that doesn't mean that you shouldn't, and you might decide that the best thing is simply to tell a few people close to you, to help make it a lot easier in the long run. It's a personal choice past 18, so just make sure you are doing what's right for your health. Often, that will mean starting treatment as soon as possible, even if that means you are not yet 18 at the time of beginning the course.

Championing Anonymity

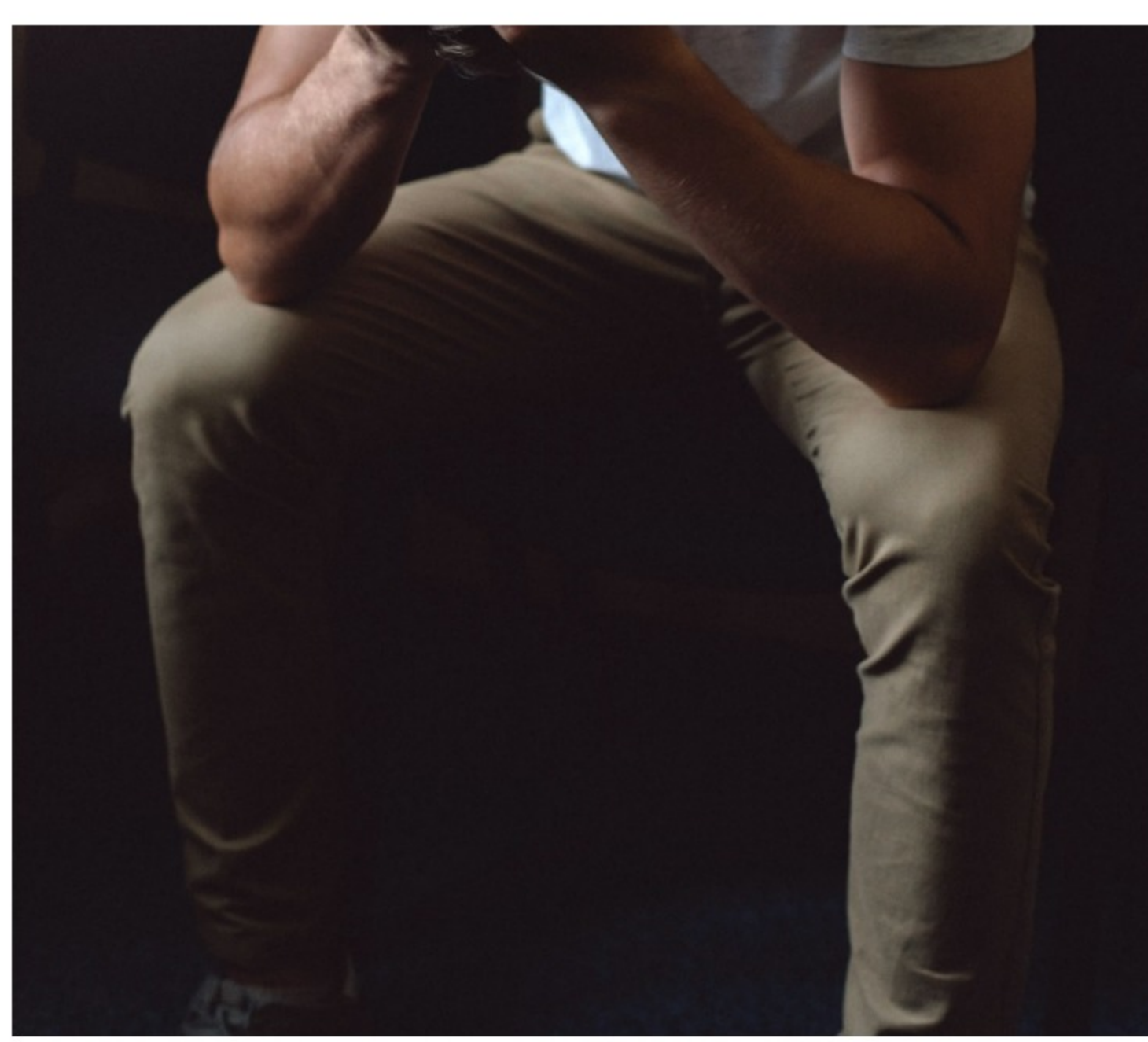
It's really important that everyone is given the right to anonymity, and that's something that any decent drug addiction recovery center will be sure to champion. As long as you manage to find a trustworthy and respected institution to provide you with your drug addiction recovery, then you can be sure that your anonymity will be assured. That brings a certain peace of mind which in turn will often make it easier to overcome your drug addiction successfully, so it's definitely something to look out for.

If you are curious about getting help for your drug addiction, and you are concerned about those in your family finding out about it, **call us today**. We will be more than happy to talk to you about your issues and arrange private, discrete treatment, whereby we will ensure your anonymity at all times. You'll find that we can help you to get back on the straight and narrow again.

Latest Posts

What Can You Expect During Inpatient Substance Abuse Treatment

Taking steps to finally go into rehab for an addiction is a huge deal. It means you've admitted you have...



What Are The 5 Stages Of Addiction

Addiction doesn't happen overnight. It is a progressive disease and it occurs in stages, each building up to the next,...



What Is Cognitive Behavioral Therapy For Alcohol Addiction Treatment

At Findlay Recovery Center, we understand that cognitive behavioral therapy (CBT) is a form of talk therapy that draws on...



Rational Emotive Behavior Therapy (REBT) For Drug Addiction Treatment

In order to meet the needs of each patient, rehabilitation centers often use a wide range of therapies. An addiction...

Our Videos



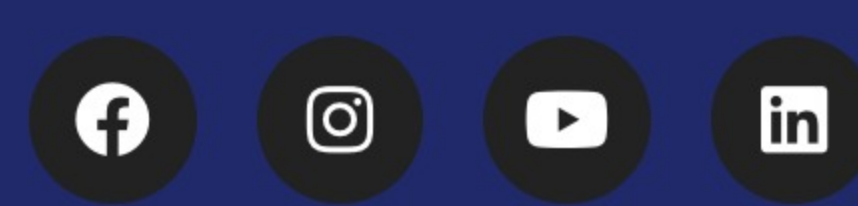
GETTING HELP FOR ADDICTION HAS NEVER BEEN SO EASY

Get Help Right Now

CONTACT US

Site Map

- [Home](#)
- [Who We Are](#)
- [Treatment Services](#)
- [Tour Facility](#)
- [Admissions](#)
- [Contact](#)
- [Privacy Policy](#)



Contact Details

1800 Manor Hill Road Findlay, Ohio
45840
1-855-605-2135



Hours of Operation

Weekdays 24 Hours
Saturdays 24 Hours
Sundays 24 Hours
Holidays 24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

