How Long Does It Take to Fully Detox After Drug Treatment?

Bt The Professionals At Findlay Recovery Center

Wondering how long it takes to fully detox from drugs is not uncommon. Many individuals weigh the pros and cons of discontinuing drug use and that, in part, is based on the fear of detox and withdrawal symptoms.

If you are ready for a change, but you're worried about doing it on your own, contact Findlay Recovery Center. Our addiction treatment program is designed to support clients through withdrawal and the detoxification process. We have comprehensive treatment that is designed to support, educate, and evaluate progress towards your goals. Contact us today to see how our treatment center can support your rehabilitation needs.

What is Drug Detox?

Drug detox is the process that your body goes through when drug use suddenly stops. This process can also be known as withdrawal. Going through withdrawal can be a challenging and potentially dangerous process without supervision. It is recommended that individuals going through detox be medically monitored to ensure their health, safety, and comfort.

Withdrawal symptoms can vary based on the drug that is working its way out of the system and the severity of the addiction.

Opioids can cause the body to experience withdrawal symptoms that include:

- Anxiety
- Muscle aches
- Insomnia
- Sweating
- Stomach problems and pains

Stimulants can cause the body to experience withdrawal symptoms that include:

- Restlessness
- Depression
- Feeling fatigued or groggy
- Vivid and unpleasant dreams

Depressants can cause the body to experience withdrawal symptoms that include:

- Insomnia or nightmares
- Irritability
- Anxiety
- Panic attacks
- Shaking and Sweating
- Headache
- Muscle pain

Going through this process alone is dangerous and is always recommended to be monitored by a medical professional. At Findlay Recovery Center our experienced clinicians can monitor, support, and encourage you through this challenging process.

How long does it take to fully detox from drugs?

Just like the detox process and withdrawal symptoms vary for each drug, so does the length of time it takes for an individual to fully detox. While regular use of some drugs like alcohol and cocaine process through the body at a quicker pace, some drugs can take days, months, and even a year for the body to fully regulate back to its original state.

Opioid pain medication and heroin withdrawal peaks at the 72-hour mark. Typically, by the end of one week, the physical symptoms of detox have passed, and the remaining issues are purely mental. By the end of a month, typically the only lingering symptoms are cravings and possibly mood disorders.

Stimulant withdrawal peaks in the first week and following weeks can include extreme mood swings, changes in the following two weeks. While drugs like cocaine and methamphetamines are processed at different speeds, their effects can both be long-lasting. By the end of one month, only cravings and anxiety should remain but could continue for months.

Depressant withdrawal from drugs like benzodiazepines can be the most extensive. Depressant withdrawal peaks around two weeks and can last for months or years if proper treatment is not received.

Why should you go to rehab after detoxing from drugs?

After detoxing from drugs, it is crucial to enter a rehab program. Rehab programs are designed to support individuals following detox with their continued symptoms. The emotional and mental changes that occur in the weeks following peak detox are often what individuals need most help well. Clients entering detox are almost all aware of the struggle with the physical symptoms, but the mental and emotional changes are what can cause the most damage to a person who is trying to make a change.

Findlay Recovery Center – Addiction Treatment Center

At Findlay Recovery Center we know where the challenge lies and are ready to help you face it. With comprehensive medically monitored detox to ensure safety and support throughout the process, clients are transitioned into comprehensive therapeutic treatment designed to provide the support necessary for clients to make a change.

Thorough addiction treatment is offered through traditional evidence-based therapies and alternative supportive treatments to provide clients with the basis for total, long-lasting, mental, and physical health.
Contact Findlay Recovery Center today for comprehensive addiction care your way.

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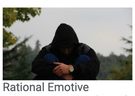

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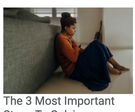

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Contact Details

1800 Manor Hill Road Findlay, Ohio 45840

1-855-605-2135

Hours of Operation

Weekdays	24 Hours
Saturdays	24 Hours
Sundays	24 Hours
Holidays	24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

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Findlay RECOVERY CENTER