Is There Alcohol Detox in Columbus, Ohio?

If you have answered yes to these questions and feel that maybe alcohol detox in Columbus, Ohio and rehab is for you, call Findlay Recovery Centers today.

Alcoholism is a chronic disorder that impacts over 14.5 million people over the age of 12. It is a challenging and difficult addiction to manage in a society devoted to alcohol and "have a good time." Alcohol misuse costs the United States approximately 249 billion dollars in 2010 and has only increased in the last decade.

If you are ready for a change or working towards sobriety without success, contact Findlay Recovery Center. Our affordable addiction treatment program works to change the stigma around rehabilitation and recovery and supports individuals where they are.

Contact us today to see how our alcohol and drug program could support you on your way to achieving sustainable recovery.

What Are the Signs of Alcoholism?

Alcoholism is now defined as an alcohol use disorder and has several tell-tale signs or symptoms. According to this Alcoholics Anonymous quiz, you may be suffering from an alcohol use disorder if you've answered yes to four or more of the following questions:

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple days?
2. Do you wish people would mind their own business about your drinking – stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

If you have answered yes to these questions and feel that maybe alcohol detox in Columbus, Ohio and rehab is for you, call Findlay Recovery Centers today.

Why Shouldn't You Detox From Alcohol at Home?

Going through alcohol detox is a dangerous process. The length of use, how much is consumed, and your body's general health can all impact the symptoms of withdrawal.

Alcohol detox in Columbus, Ohio and a rehab facility is monitored and at some locations, medications to mitigate the severity and length of detoxification can be administered.

It is important to be honest with your doctor or clinician when it comes to withdrawal so that they can monitor for the following symptoms.

Common symptoms include:

- Anxiety or nervousness
- Depression
- Fatigue
- Irritability
- Jumpiness or shakiness
- Mood swings
- Nightmares
- Not thinking clearly

Other symptoms may include:

- Sweating, clammy skin
- Enlarged (dilated) pupils
- Headache
- Insomnia (sleeping difficulty)
- Loss of appetite
- Nausea and vomiting
- Pallor
- Rapid heart rate
- Tremor of the hands or other body parts

A severe form of alcohol withdrawal called delirium tremens can cause:

- Agitation
- Fever
- Seeing or feeling things that aren't there (hallucinations)
- Seizures
- Severe confusion

It is recommended that individuals going through detoxification do so under the care of a physician or in a medically monitored establishment to ensure a safe and healthy withdrawal process.

Why Should You Go to Alcohol Detox in Columbus, Ohio?

Findlay Recovery Center is an alcohol detox near Columbus, Ohio. Our comprehensive treatment program offers medically monitored detoxification with the option to transition into our residential inpatient addiction treatment program. We also have an extensive aftercare program available to alumni that graduate from our programs.

At Findlay Recovery Center, we work to provide the best affordable addiction treatment care. Using traditional and alternative evidence-based therapies, our clients can achieve their goals of holistic well-being.

Contact us today to see if our detox program and other addiction treatment programs are right for you.

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About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

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