

Toledo Ohio Drug Rehab & Detox Center

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It is said that the first step in overcoming a problem is accepting that you have one. The next is seeking solutions to the problem. Dealing with addiction is no different.

If you are a resident of Toledo, Ohio who is struggling with drug or alcohol addiction, you're probably wondering where to seek help. Maybe you have tried quitting on your own but were unable to follow through. Or perhaps you have been admitted to various other addiction treatment programs but ended up relapsing after a while. The important thing is to not give up on yourself. No matter how bleak things seem, help is always available to help you kick your addiction to the curb.

Here at [Findlay Recovery Center based in Findlay Ohio](#), we have years of experience helping people just like you get their lives back from addiction. Some came to us after having lost their jobs or families while others had trauma to deal with. We don't discriminate and we don't judge. We accept clients as they are and work together with them to help them create better more positive lives free from addiction.

Both our [drug addiction treatment program](#), as well as our residential alcohol addiction treatment programs, are geared towards assisting people to get back on their feet.

Drug Rehab and Detox Services Available for Toledo Residents

At Findlay Recovery Center, we aim to provide the best, most affordable, and easily accessible addiction treatment services to Ohio residents. Some of the treatment services we provide include detoxification, alcohol addiction treatment, and residential inpatient treatment.

Detoxification Services

Toledo residents seeking detoxification services in Ohio can get them at Findlay Recovery Center. Detoxification is the process of ridding the body of harmful toxins from drugs or alcohol. This process can be painful, challenging, strenuous, and even life-threatening depending on the substances you've been taking. For this reason, it's not recommended to try detoxifying on your own or to try going 'cold turkey'. Instead, we offer medically supervised detox.

This means that once you enter our detox program, you'll be under 24/7 medical supervision. This comes with several advantages including:

- **Providing you with a successful basis for recovery.** At our rehab facility, detox is the first stage of addiction treatment. Getting rid of harmful toxins allows you to enter rehab treatment with a clear mind, allowing you to learn a new, sober way of living.
- **Being given prescription medication to ease your discomfort.** Being given prescription pills under medical supervision can go a long way towards keeping you safe and comfortable as well as reducing the likelihood of relapse. Before being given these medicines, you will be assessed and given a variety of tests. This helps doctors determine the level of medication to start you on to stabilize your body and brain.
- **It can save your life.** Some of the withdrawal symptoms individuals experienced during detox are serious enough to be life-threatening. This includes tremors, seizures, and delirium. Any emergencies that arise due to detox can quickly be taken care of by our medical team.
- **It is useful in uncovering co-occurring disorders.** Many addicts have co-occurring mental illnesses or issues that they are unaware of even though these issues may drive their addiction. Going through detox under medical supervision at our Ohio rehab facility can reveal some of these issues, allowing them to be dealt with.

Alcohol Addiction Treatment

We also offer [alcohol addiction residential treatment programs](#). These are aimed at helping our clients get and remain sober from alcoholism. We provide various types of therapies as part of the treatment program including individual, group, and family therapy. These therapy sessions are conducted by qualified therapists and counselors who guide clients, encourage them to open up and talk about their experiences as well as help them set and work towards their recovery goals.

We also include addiction education as part of the program. We aim to educate clients on the harmful effects of alcohol not only in their lives but their families' lives as well. Relapse prevention is also a part of this treatment program. We realized that clients are vulnerable to relapse and aim to equip them with different coping skills to ensure they can avoid the triggers that lead to relapse.

Residential Inpatient Treatment

Our residential addiction treatment programs are ideal for those who have serious addiction or those who have serious trauma to overcome. This program is often the next step after successfully completing detox. Clients get to stay over at our Ohio rehab facility in a serene environment that is conducive to recovery.

In addition to attending therapy, clients also get to participate in other different activities to complement their treatment. These include exercise sessions, nutrition, and meal preparation classes as well as experiential therapy in the form of mindful living classes or art classes. We decided to include these as part of the program because we believe that those in recovery should develop holistically. These classes also allow our clients to relax and interact with each other in an environment that's free from drugs and alcohol, preparing them for the real world.

Additionally, we also offer a comprehensive aftercare plan. This is to ensure those discharged from our residential treatment programs don't disappear after treatment. Our aftercare program involves providing clients with access to counselors and local support groups to increase their chances of long-term recovery and sobriety.

Change Your Life Today

If you're looking for affordable detox or drug/alcohol treatment services in Ohio, look no further than Findlay Recovery Center. We have a team of addiction treatment experts who have extensive experience helping people like you conquer addiction. We will conduct a simple pre-assessment test to familiarize ourselves with your medical history and addiction before coming up with an individualized treatment plan for you. Our treatment facility is set among tranquil and peaceful surroundings, giving our clients the privacy and peace they need to get started on their recovery.

To benefit from all these, [get in touch with us](#) today. We are ready to help you turn your life around.

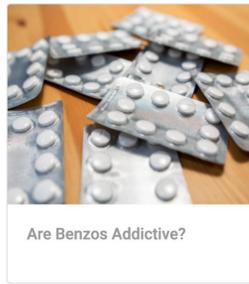
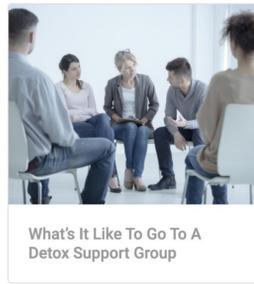


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Hours of Operation

Weekdays 24 Hours
Saturdays 24 Hours
Sundays 24 Hours
Holidays 24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

