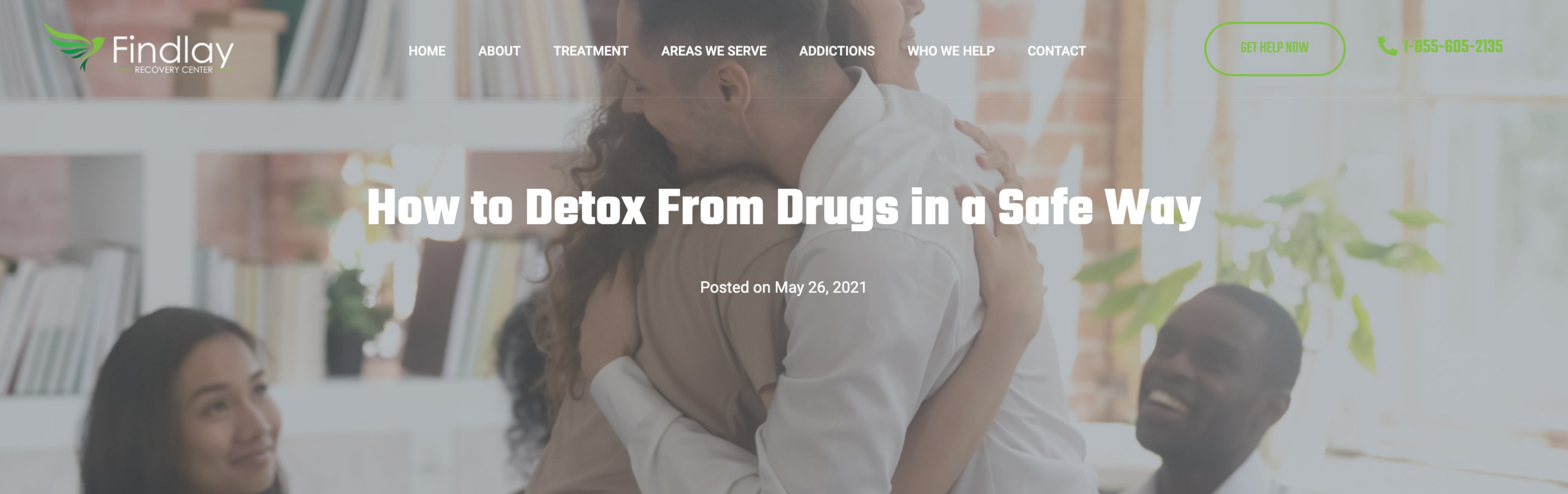




How to Detox From Drugs in a Safe Way

Posted on May 26, 2021

Are you ready to take the first step on the journey to recovery? Are you ready to change your life for the better and seek out sobriety? This is a challenging choice, but the best one you can make.

Drugs, illegal and prescription, can have a detrimental impact on your life because of their addictive nature. But recovery and sobriety are possible.

Findlay Recovery Center is here to support you through every step of the way.

What Is Detox?

The process your body goes through to rid itself of toxins, like drugs and alcohol, is called detoxification. This process starts after your last hit, smoke, or drink.

When considering how to detox, it might seem like a good thing to do on your own, but it can be stressful and painful. Depending on the type of drug, length of use, and frequency of use, detox and withdrawal symptoms can range from flu-like symptoms to death.

Typical withdrawal and detox symptoms include headaches, nausea, anxiety, depression, and cravings for the substance you are withdrawing from. These symptoms can typically be easily managed. However, the more severe the addiction, the more support is necessary.

How to Detox From Drugs Safely

It is recommended that all detox be monitored by another individual. This could be a loved one, a family member, a doctor, or in a facility.

When considering detox, even if you intend to detox at home and not in a facility, it is crucial that you seek the support of a licensed doctor to make recommendations for how to safely detox from the substance you are on.

Something as simple as ADHD medication, when detoxed from incorrectly, can cause insomnia, hallucinations, and psychosis.

While you might never experience severe withdrawal symptoms, it is smart to be concerned about those that range from tremors and seizures to psychosis and death. The best way to safely detox is in a facility that can monitor your symptoms and provide immediate medical care, should you need it.

Findlay Recovery Center can provide this for you.

How Can Findlay Recovery Center Help You?

Findlay Recovery Center is a premier alcohol addiction treatment center in Findlay, Ohio. We offer medically monitored detoxification, residential inpatient care, and aftercare to our clients. At Findlay Recovery, your health and safety are our biggest concern, which is why we offer same-day support.

Our affordable private treatment center offers a new and modern facility with expertly trained staff prepared to facilitate healing 24 hours a day. After a thorough intake process, we will tailor an individualized treatment plan to support your detoxification and treatment at our facility. Additionally, through our detox program, we can support medication management for other health concerns and mental illnesses that require medication.

We offer a range of treatment options including a 12-step program, dual diagnosis treatment, and a relapse recovery program. In order to support you, we offer individual, group, and family therapy to help you develop the skills necessary for a lifetime of sobriety.

At Findlay Recovery Center, we know that addiction is unique and so are the challenges that each of our client's face. Through this knowledge, we support dual diagnosis treatment of abuse, anxiety, bipolar, depression, personality disorders, and trauma. By addressing these additional concerns in our treatment center, we feel that we can help our clients address and manage their addiction in a new way.

Our facility uses traditional evidence-based therapies and alternative creative therapies to create an atmosphere of holistic healing. By treating the mind, body, and spirit, we feel that sobriety is a lifelong possibility.

Findlay Recovery Center can support you through detox and recovery, today.

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Contact Details

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Hours of Operation

Weekdays 24 Hours
Saturdays 24 Hours
Sundays 24 Hours
Holidays 24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

