

How The Best Outpatient Addiction Treatment Centers Offer Drug Detox

An early challenge in the quest to become completely clean is that you first need to ensure your physical body is clear of the substance in question. That can be extremely challenging, and it is one of the most difficult parts of the whole journey. If you have ever tried and failed on this front, you will know that painfully for yourself. Sometimes, the best way to get that drug out of your system is with a **full medical detox**, which is something that many outpatient addiction treatment centers do offer. In this way, withdrawal and other symptoms can be controlled a lot better and more safely.

Is Detox Available For Everyone?

If you are wondering about having detox done for you, it is worth looking into it in some detail first, just to be safe. Any outpatient addiction treatment center you find is likely to offer detox services of some kind or another, though they will differ slightly from place to place. But here's the important thing to note: detoxing is not a suitable form of treatment for absolutely anybody, and there is always a chance it is not currently the best form of **treatment for you**.

In particular, those with especially severe addictions often relapse after a medical detox. As such, you will generally find **outpatient detox services** are being offered only or primarily to people with mild or moderate cases of addiction, where the risks are lower. If you are able to overcome the future triggers and live your daily life normally after detoxing, then it might be for you as an outpatient.

Can You Expect Withdrawal Symptoms?

As with overcoming any addiction in any way, you always have the chance to experience withdrawal symptoms with an **outpatient detox**, and this is something you need to be aware of from the outset before you have the procedure carried out. However, the symptoms should be considerably less intense than they would be for an addict in normal circumstances. The symptoms might include:


- Trouble sleeping, or oversleeping.
- A feeling of nausea or actual vomiting.
- Dehydration.
- Anxiety and depression.
- Irritability and short-tempered.
- Tremors.
- Change in blood pressure or heart rate.
- Sweating.
- Mood swings.
- And more.


In truth, it is never an exact science to know what symptoms a person is likely to experience after having outpatient detox treatments. But you can expect to have a mild or medium version of some of these at the very least.

The Outpatient Drug Detox Procedure

You will have to report on a daily basis, first of all, after your initial assessment outlining your schedule. This might last up to a couple of hours at first. Then you will need to come back as the schedule dictates to continue having your treatment as necessary. If you don't, the treatment won't take effect, and your addiction will remain.

Although it can be frightening getting into such a procedure, we are here to make it easier for you. Please don't hesitate to **contact us** if you think you might benefit from our drug detox services.

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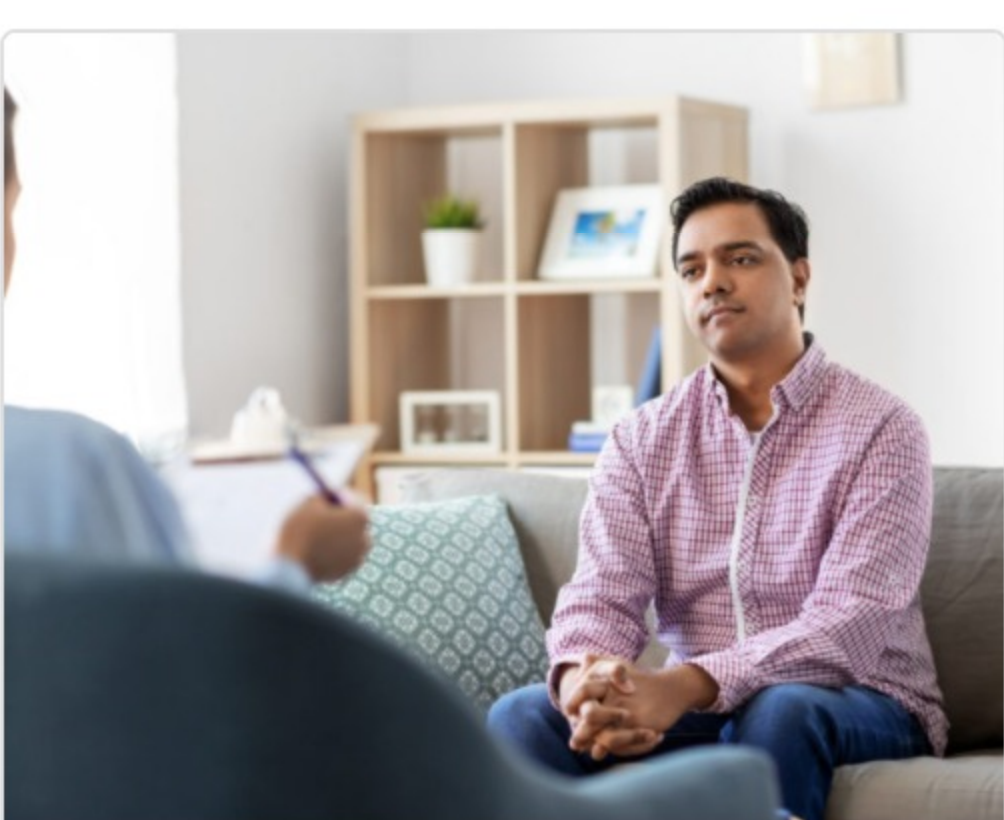
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Contact Details

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Hours of Operation

| | |
|-----------|----------|
| Weekdays | 24 Hours |
| Saturdays | 24 Hours |
| Sundays | 24 Hours |
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About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

