

How to Find The Best Alcohol Treatment Center in Ohio

Unfortunately, alcohol is becoming more of a common problem, affecting those of all ages and from all walks of life. According to the 2018 [NSDUH \(National Survey on Drug Use and Health\)](#), 14.4 million adults in the US aged 18 or older had alcohol use disorder. This was made up of 5.3 million women and 9.2 million men. Just under 8% of those who had alcohol use disorder in the past year received treatment. It is important to understand if you are one of those struggling with an addiction to alcohol, you are not alone in this. It is one of the most commonly abused substances globally, primarily due to its ease of acquisition, inexpensive price point, and social acceptability.

Consequences Of Alcohol Abuse

Alcohol is a very powerful chemical that can significantly affect your body. It can impact everything from your personal life to your physical health, such as your brain, heart, bones, and liver. These effects can either be short or long term, dependant on the prolonged use, but can be devastating nonetheless.

If you find yourself drinking large amounts of alcohol over a long period of time, you could suffer from health conditions such as:

- High blood pressure
- Stroke
- Pancreatitis
- Liver Disease
- Various cancers
- Depression
- Dementia
- Infertility
- It can also greatly impact your personal life, including:
 - Poor job performance
 - Loss of relationship with friends and family
 - Depression

Alcohol abuse can lead you on a messy downward spiral and may often find it hard to admit to, due to the fear of being judged, treated differently, or having to actually face up to the issue. It is important to remember that alcohol abuse is an illness, just like any other disease, and can need professional treatment to help you to get better. Admitting you have a problem is the first step to recovery, and if you are looking to [learn about finding the best alcohol treatment in Ohio](#), you have come to the right place.

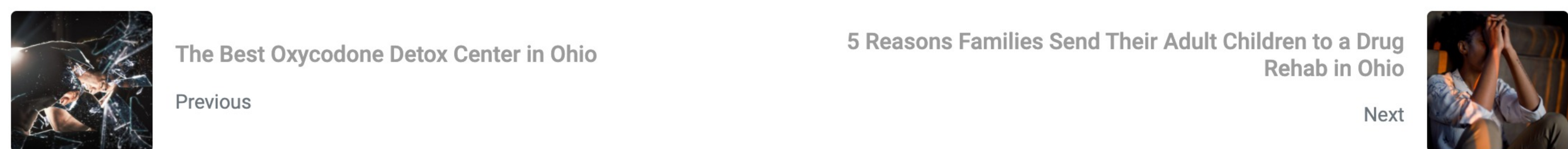
There are many steps to treating alcoholism. It generally begins with a counseling session to speak to you about your habits, support you, and find out about any emotional stress that may be causing you to turn to alcohol to cope. If you are dependant on alcohol to function, it is important to seek professional help to get you through this as withdrawal or detox can be a tricky and unsafe procedure if carried out alone.

Some of the ways we will help you with your addiction include:


- A personalized detox program tailored to your needs
- An overall physical health assessment
- A medication plan
- Assistance with your dietary planning
- Different forms of therapy
- A program of organized activities

Our alcohol treatment center in Ohio will assess and work with everyone on an individual basis to ensure you get the best help possible. You will have access to our team of highly-trained medical staff who can assist with both medical and physical effects you may be suffering from.


Find out about the best alcohol treatment in Ohio, Findlay Recovery Center, and how we can help you today.




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Contact Details

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1-855-605-2135

Hours of Operation

Weekdays 24 Hours
Saturdays 24 Hours
Sundays 24 Hours
Holidays 24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

