

Do You Need A Detox Center?

Substance abuse can destroy lives. It affects your health, your career, your relationships, and your finances. It can affect people of all ages from all walks of life.

The rise of substance abuse in modern society has reached unprecedented levels. Every day, people are suffering from life-changing health issues and even death from their addictions.

If you're currently in the grip of addiction, things can seem hopeless and you may not feel you have the strength to overcome your addictions. but there is hope.

You may not have considered a detox center before, but they can offer a real chance of getting your life back on track. So if you're asking yourself 'do I need a detox center?' read on.

What happens at a Detox Center?

A detox center is a fully licensed medical facility specializing in helping patients detox from various substances including drugs and alcohol. The detox occurs on an **inpatient basis** to ensure that you cannot access any substances while you are undergoing detox.

The first stage of recovery is a medically supervised physical detox, where your body adjusts to no longer having the addictive substance. The withdrawal symptoms can be extreme and you will need to be supervised at all times by medical professionals to ensure that you are safe.

Typical withdrawal symptom you can expect include:

- Anxiety
- Paranoia
- Insomnia and vivid dreams
- Gastrointestinal issues – nausea, vomiting, and diarrhea
- Fever
- Fatigue

The length of time it takes to detox varies depending on the person, their general health, and the types of substances they are addicted too. The medical team at the detox center will monitor you and help you to control your withdrawal symptoms until they subside.

What happens next?

The detox and recovery process is done in **three stages**. Once your withdrawal symptoms are under control, you can begin looking at the psychological issues that cause and feed the addiction. You will then undergo counseling on an individual and group basis. Group therapy is used to bring people together to build a support group of people dealing with the same issues.

The center also has opportunities to focus your energies on other productive activities.

Support doesn't stop once you leave the center. The aftercare service provided will help you regain control of your life and cope with the stresses of everyday life. Our aftercare program involves continued therapy sessions and access to support groups.

Why Findlay Detox Center?

If you are wondering 'do I need a detox center?' then it's important you find the right one for your needs. **The Findlay Detox Center** is a first-class facility providing inpatient and outpatient detox services.

We specialize in guiding people on their recovery through our leading detox center. You will be treated as an individual, with respect, and without judgment.

Talk to us today to find out how we can help you overcome your addiction.



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Who We Are

Treatment Services

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Contact Details

1800 Manor Hill Road

Findlay, Ohio 45840

1-855-605-2135

Hours of Operation

Weekdays

24 Hours

Saturdays

24 Hours

Sundays

24 Hours

Holidays

24 Hours

About Our Company

Findlay Recovery Center is a drug & alcohol treatment center in Findlay, Ohio that offers evidence-based, detoxification and residential inpatient treatment at an affordable rate.

